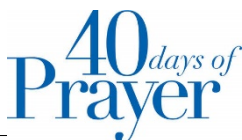


# SMALL GROUP DISCUSSION QUESTIONS

1. What are you doing now for your daily times with God?
2. Why are there many Christians that are not growing in their faith?
3. What is the best way that you learn? How can you apply your learning style in your spiritual growth?
4. What are the hindrances to joining a small group in our culture today?
5. What are your habits for spiritual growth and what needs to change?
6. How can we help others to grow spiritually?
7. How is God speaking to you today concerning your spiritual growth and what actions you need to take?

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Answers to fill in the blanks:  
 1. FEED A. HEAR B. READ C. STUDY D. MEMORIZE E. MEDITATE F. APPLY  
 ACTION STEP: DAILY TIME WITH GOD FOR 40 DAYS  
 2. DIFFERENT, SEEING IT, DOING IT, READ/WRITE IT, HEAR IT, USE ALL 4, SMALL GROUP  
 3. HABITS, WORSHIP, FELLOWSHIP, DAILY, MEMORIZING  
 4. HELP, ACTION STEP: JOIN A SMALL GROUP  
 5. EXPECT  
 6. COMMIT, ACTION STEP: COVENANT WITH OTHERS

# Sermon Study Guide

Pastor Phil Newby – September 29, 2019



## SERMON NOTES

### DO YOU REALLY WANT TO GROW UP?

40 DAYS OF PRAYER - INTRODUCTION

#### MAIN IDEA:

**GOD WANTS EVERY CHRISTIAN TO GROW INTO SPIRITUALLY MATURE MEN AND WOMEN OF GOD, TO NOT BASE DECISIONS ON FEELINGS BUT ON GOD'S WORD, AND TO DRAW CLOSER TO JESUS EVERY DAY.**

#### QUESTION:

**HOW CAN I GROW SPIRITUALLY AND BECOME THE PERSON GOD WANTS ME TO BE?**

Ephesians 4:14–15 (CSB)

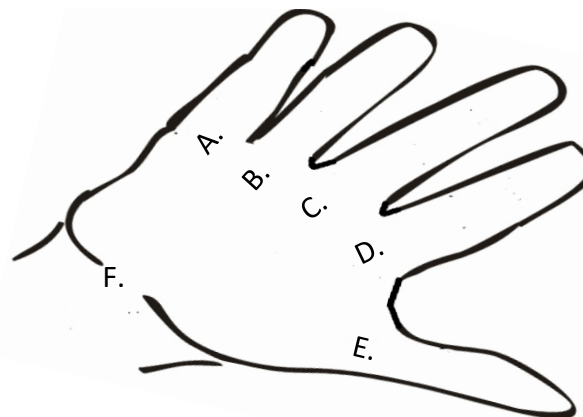
<sup>14</sup> Then we will no longer be little children, tossed by the waves and blown around by every wind of teaching, by human cunning with cleverness in the techniques of deceit. <sup>15</sup> But speaking the truth in love, let us grow in every way into him who is the head—Christ.

#### SIX LAWS OF SPIRITUAL GROWTH

#### 1. WE GROW WHEN WE \_\_\_\_\_ ON GOD'S WORD

Matthew 4:4 (CSB)

<sup>4</sup> He answered, "It is written: **Man must not live on bread alone but on every word that comes from the mouth of God.**"



Action Step:

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## SERMON NOTES CONTINUED

### 2. WE GROW WHEN WE LEARN IN \_\_\_\_\_ WAYS

1 Corinthians 9:22–23 (CSB)

<sup>22</sup> To the weak I became weak, in order to win the weak. I have become all things to all people, so that I may by every possible means save some. <sup>23</sup> Now I do all this because of the gospel, so that I may share in the blessings.

| Example: | The Four Gospels    | What about You?          |
|----------|---------------------|--------------------------|
| Matthew: | Visual - _____      | <input type="checkbox"/> |
| Mark:    | Kinesthetic - _____ | <input type="checkbox"/> |
| Luke:    | Analytical - _____  | <input type="checkbox"/> |
| John:    | Auditory - _____    | <input type="checkbox"/> |

The best way to learn and grow is to \_\_\_\_\_!

We do this best in a \_\_\_\_\_!

### 3. WE GROW WHEN WE DEVELOP SPIRITUAL \_\_\_\_\_

1 Corinthians 9:25 (CSB)

<sup>25</sup> Now everyone who competes exercises self-control in everything. They do it to receive a perishable crown, but we an imperishable crown.

- ✓ **Check your habits:**
- Habit of weekly large group \_\_\_\_\_
  - Habit of small group \_\_\_\_\_
  - Habit of a \_\_\_\_\_ time alone with God (Bible & Prayer)
  - Habit of \_\_\_\_\_ God's Word

## SERMON NOTES CONTINUED

### 4. WE GROW WHEN WE \_\_\_\_\_ EACH OTHER TO GROW

Hebrews 10:24–25 (CSB)

<sup>24</sup> And let us watch out for one another to provoke love and good works, <sup>25</sup> not neglecting to gather together, as some are in the habit of doing, but encouraging each other, and all the more as you see the day approaching.

Romans 1:12 (CSB)

<sup>12</sup> that is, to be mutually encouraged by each other's faith, both yours and mine.

2 Corinthians 13:9 (CSB)

<sup>9</sup> We rejoice when we are weak and you are strong. We also pray that you become fully mature.

**Action Step:** \_\_\_\_\_

### 5. WE GROW WHEN WE \_\_\_\_\_ TO GROW

Matthew 9:29 (CSB)

<sup>29</sup> Then he touched their eyes, saying, "Let it be done for you according to your faith."

### 6. WE GROW WHEN WE \_\_\_\_\_ TO GROW

Jeremiah 29:13 (CSB)

<sup>13</sup> You will seek me and find me when you search for me with all your heart.

1 Peter 2:2 (CSB)

<sup>2</sup> Like newborn infants, desire the pure milk of the word, so that you may grow up into your salvation...

**Action Step:** \_\_\_\_\_